



# CITY OF CARDIFF SWIMMING CLUB

## Clwb Nofio Dinas Caerdydd

(Affiliated to Swim Wales)

### Squads P5, P6, P7, D1, D2



	Thu	Fri	Sat	Sun	Mon	Squads P5 - D2	Coaches Attending	Other Meets	Comments/Venue	Entry Forms In By
<b>2010</b>										
Jun-10										
23			05/06/2010	06/06/2010		SEW Region Junior Development Meet			Newport ISV	
24			12/06/2010	13/06/2010		Competition Free				
25			19/06/2010	20/06/2010		Gloucester Open Meet (L3)	NT		Gloucester	
26			26/06/2010	27/06/2010		Competition Free		Scottish Nationals - 24th - 27th June		
Jul-10										
27		02/07/2010	03/07/2010	04/07/2010		Cardiff International Open Meet (L1) Cardiff			Cardiff International Pool	
28			10/07/2010	11/07/2010		Taunton Deane Open Meet (L3)	NT		Hutton Moor	24-May-2010
29			17/07/2010	18/07/2010		Cardiff Bay Sprint Meet (L3)			CIP	
30			24/07/2010	25/07/2010		Competition Free		ASA Age Group Championships (28th - 1st)		
Aug-10										
31			31/07/2010	01/08/2010		Competition Free		ASA Youth Championships (3rd - 7th)		
32			07/08/2010	08/08/2010		British Gas Swim Wales Summer Nationals (3rd - 8th August)				
33			14/08/2010	15/08/2010		Club shutdown 31/07/2010 - 15/08/2010				
34			21/08/2010	22/08/2010		Competition Free				
35			28/08/2010	29/08/2010		Competition Free				
Sep-10										
36			04/09/2010	05/09/2010		CCSC Club Barbeque - Sat 4th Sept, Porthkerry Park				
37			11/09/2010	12/09/2010		Competition Free			Porthkerry Park	
38			18/09/2010	19/09/2010		Club Championships (18th) (L4)			Cardiff International Pool	
39			25/09/2010	26/09/2010		Club Championships (25th) (L4)			Cardiff International Pool	
Oct-10										
40			02/10/2010	03/10/2010		Arena Swimming League Round 1 (teams tbc)				
41			09/10/2010	10/10/2010		Competition Free				
42			16/10/2010	17/10/2010		Competition Free				
43			23/10/2010	24/10/2010		Greater Gwent Fastwater Open Meet (L1 & L4)			Newport ISV	
44			30/10/2010	31/10/2010		Competition Free				
Nov-10										
45			06/11/2010	07/11/2010		Presentation Evening - CIP			Cardiff International Pool	
46			13/11/2010	14/11/2010		Arena Swimming League Round 2 (teams tbc)				
47			20/11/2010	21/11/2010		Swim Wales Winter Open Meet (L1)			WNP Swansea	
48		26/11/2010	27/11/2010	28/11/2010		Welsh Capital Open Meet (L2)			Cardiff International Pool	
Dec-10										
49			04/12/2010	05/12/2010		South East Wales Sub Regional Championships			Newport ISV	
50			11/12/2010	12/12/2010		11th - Arena Swimming League Round 3 (teams tbc)		12th - Newport Xmas Cracker	Newport ISV	
51			18/12/2010	19/12/2010		Competition Free				
52			25/12/2010	26/12/2010		Competition Free				
<b>2011</b>										
Jan-11										
1			01/01/2011	02/01/2011		Competition Free				
2			08/01/2011	09/01/2011		Competition Free				
3			15/01/2011	16/01/2011		Competition Free				
4			22/01/2011	23/01/2011		Competition Free				
5			29/01/2011	30/01/2011		Competition Free				
Feb-11										
6			05/02/2011	06/02/2011		SEW Regional Championships			Newport ISV	
7			12/02/2011	13/02/2011		SEW Regional Championships			Newport ISV	
8			19/02/2011	20/02/2011		Competition Free				
9			26/02/2011	27/02/2011		Competition Free				
Mar-11										
10			05/03/2011	06/03/2011		Competition Free				
11			12/03/2011	13/03/2011		Competition Free				
12			19/03/2011	20/03/2011		Competition Free				
13		25/03/2011	26/03/2011	27/03/2011		Tiger Bay Open Meet (L3)			CIP	
Apr-11										
14			02/04/2011	03/04/2011		Competition Free				
15			09/04/2011	10/04/2011		Competition Free				
16			16/04/2011	17/04/2011		National Arena League Final				
17		22/04/2011	23/04/2011	24/04/2011	25/04/2011	Swim Wales Age Group & Youth Championships			WNP Swansea	
18			30/04/2011	01/05/2011		Competition Free				

Please note: As clubs publish meets which do not presently appear on the fixture lists, a decision will be made by the coaches as to whether the club will attend these meets. Swimmers should check with their coaches to confirm that they are entering the correct number and type of events in a meet.

**NB - The professional coaches ask parents to please attend the meets listed on the clubs fixture list. It is not of any benefit to the swimmer or the club to enter meets that have not been targeted in line with a swimmers training schedule. If in doubt please refer to the Gala Attendance Information on the club website or speak to the Professional Coaches.**

*Ed Middleton*

24 May 2010