



CITY OF CARDIFF SWIMMING CLUB

Clwb Nofio Dinas Caerdydd

(Affiliated to Swim Wales)

Squads P1, P2, P3, P4



	Thu	Fri	Sat	Sun	Mon	Squads P1 - P4	Coaches Attending	Other Meets	Comments/Venue	Entry Forms In By
2010										
Jun-10										
23			05/06/2010	06/06/2010		----- Competition Free -----				
24			12/06/2010	13/06/2010		----- Competition Free -----				
25			19/06/2010	20/06/2010		----- Stuttgart Schwimfest -----			Stuttgart	
26			26/06/2010	27/06/2010		----- Competition Free -----		Scottish Nationals - 24th - 27th June		
Jul-10										
27		02/07/2010	03/07/2010	04/07/2010		----- Cardiff International Open Meet (L1) Cardiff -----			Cardiff International Pool	
28			10/07/2010	11/07/2010		----- Competition Free -----				
29			17/07/2010	18/07/2010		----- Competition Free -----				
30			24/07/2010	25/07/2010		----- Competition Free -----		ASA Age Group Championships (28th - 1st)	WNP Swansea	
Aug-10										
31			31/07/2010	01/08/2010		----- Competition Free -----		ASA Youth Championships (3rd - 7th)		
32			07/08/2010	08/08/2010		----- British Gas Swim Wales Summer Nationals (3rd - 8th August) -----				
33			14/08/2010	15/08/2010		----- Club shutdown 31/07/2010 - 15/08/2010 -----				
34			21/08/2010	22/08/2010		----- Competition Free -----				
35			28/08/2010	29/08/2010		----- Competition Free -----				
Sep-10										
36			04/09/2010	05/09/2010		----- CCSC Club Barbeque - Sat 4th Sept, Porthkerry Park -----				
37			11/09/2010	12/09/2010		----- Competition Free -----			Porthkerry Park	
38			18/09/2010	19/09/2010		----- Club Championships (18th) (L4) -----			Cardiff International Pool	
39			25/09/2010	26/09/2010		----- Club Championships (25th) (L4) -----			Cardiff International Pool	
Oct-10										
40			02/10/2010	03/10/2010		----- Arena Swimming League Round 1 (teams tbc) -----				
41			09/10/2010	10/10/2010		----- Competition Free -----				
42			16/10/2010	17/10/2010		----- Competition Free -----				
43			23/10/2010	24/10/2010		----- Greater Gwent Fastwater Open Meet (L1 & L4) -----			Newport ISV	
44			30/10/2010	31/10/2010		----- Competition Free -----				
Nov-10										
45			06/11/2010	07/11/2010		----- Presentation Evening - CIP -----			Cardiff International Pool	
46			13/11/2010	14/11/2010		----- Arena Swimming League Round 2 (teams tbc) -----				
47			20/11/2010	21/11/2010		----- Swim Wales Winter Open Meet (L1) -----			WNP Swansea	
48		26/11/2010	27/11/2010	28/11/2010		----- Welsh Capital Open Meet (L2) -----			Cardiff International Pool	
Dec-10										
49			04/12/2010	05/12/2010		----- South East Wales Sub Regional Championships -----			Newport ISV	
50			11/12/2010	12/12/2010		----- 11th - Arena Swimming League Round 3 (teams tbc) -----				
51			18/12/2010	19/12/2010		----- Competition Free -----				
52			25/12/2010	26/12/2010		----- Competition Free -----				
2011										
Jan-11										
1			01/01/2011	02/01/2011		----- Competition Free -----				
2			08/01/2011	09/01/2011		----- Competition Free -----				
3			15/01/2011	16/01/2011		----- 44th Geneva International Meet -----				
4			22/01/2011	23/01/2011		----- Competition Free -----				
5			29/01/2011	30/01/2011		----- Competition Free -----				
Feb-11										
6			05/02/2011	06/02/2011		----- SEW Regional Championships -----			Newport ISV	
7			12/02/2011	13/02/2011		----- SEW Regional Championships -----			Newport ISV	
8			19/02/2011	20/02/2011		----- Competition Free -----				
9			26/02/2011	27/02/2011		----- Competition Free -----				
Mar-11										
10			05/03/2011	06/03/2011		----- Competition Free -----				
11			12/03/2011	13/03/2011		----- British Long Course Championships (5th - 12th) -----			London Olympic Pool	
12			19/03/2011	20/03/2011		----- Competition Free -----				
13		25/03/2011	26/03/2011	27/03/2011		----- Tiger Bay Open Meet (L3) -----			CIP	
Apr-11										
14			02/04/2011	03/04/2011		----- Competition Free -----				
15			09/04/2011	10/04/2011		----- Competition Free -----				
16			16/04/2011	17/04/2011		----- National Arena League Final -----				
17		22/04/2011	23/04/2011	24/04/2011	25/04/2011	----- Swim Wales Age Group & Youth Championships -----			WNP Swansea	
18			30/04/2011	01/05/2011		----- Competition Free -----				

Please note: As clubs publish meets which do not presently appear on the fixture lists, a decision will be made by the coaches as to whether the club will attend these meets. Swimmers should check with their coaches to confirm that they are entering the correct number and type of events in a meet.

NB - The professional coaches ask parents to please attend the meets listed on the clubs fixture list. It is not of any benefit to the swimmer or the club to enter meets that have not been targeted in line with a swimmers training schedule. If in doubt please refer to the Gala Attendance Information on the club website or speak to the Professional Coaches.

Ed Middleton

24 May 2010