

SWIM WALES

Draft Commonwealth Games Selection Policy

New Delhi, India

3rd October – 14th October 2010

Selection Policy

The swimming team for individual events at the 2010 Commonwealth Games will be selected in 3 stages as follows

1. Pre Selection from the following meets
World Long Course Championships Rome 26th July – 2nd August 2009
World Student Games August 2009 TBC
2. Guaranteed Selection from the following meets
Welsh Dragon Meet January 2010
British Long Course Championships 29th March – 4th April 2010
3. Final Selection from the following meets
Wales Commonwealth Games Trials TBC in Wales early or mid June 2010
ASA Youth and Senior Nationals 27th July – 1st August 2010

Pre Selection Standards

FEMALE	EVENT	MALE
25.28	50 Freestyle	22.25
54.88	100 Freestyle	48.86
1:58.26	200 Freestyle	1:47.41
4:09.33	400 Freestyle	3:49.44
8:33.78	800 Freestyle	
	1500 Freestyle	15:11.88
28.89	50 Backstroke	25.34
1:01.42	100 Backstroke	54.89
2:12.34	200 Backstroke	1:59.74
31.34	50 Breaststroke	28.14
1:07.83	100 Breaststroke	1:01.18
2:27.29	200 Breaststroke	2:12.79
26.78	50 Butterfly	23.86
58.89	100 Butterfly	52.71
2:09.57	200 Butterfly	1:57.52
2:14.27	200 Individual Medley	2:01.08
4:44.67	400 Individual Medley	4:18.20

Pre Selection Condition only one swimmer per event can be pre selected.

Guaranteed Selection Standards

FEMALE	EVENT	MALE
25.65	50 Freestyle	22.33
55.97	100 Freestyle	49.20
1:59.99	200 Freestyle	1:48.77
4:12.15	400 Freestyle	3:51.54
8:38.19	800 Freestyle	
	1500 Freestyle	15:18.55
29.68	50 Backstroke	25.83
1:01.72	100 Backstroke	55.32
2:12.72	200 Backstroke	2:00.72
32.13	50 Breaststroke	28.72
1:09.38	100 Breaststroke	1:01.58
2:30.70	200 Breaststroke	2:14.18
27.29	50 Butterfly	24.01
59.72	100 Butterfly	53.14
2:11.59	200 Butterfly	1:59.95
2:16.72	200 Individual Medley	2:02.06
4:45.33	400 Individual Medley	4:21.13

Guaranteed Selection Condition in events where there is already a Pre Selected Swimmer qualified only one further swimmer can be selected as a Guaranteed Selection.

In events where there are no Pre Selections only two swimmers can be selected at the Guaranteed Selection Stage.

Final Selection Standards

FEMALE	EVENT	MALE
26.05	50 Freestyle	22.65
56.09	100 Freestyle	49.42
2:00.49	200 Freestyle	1:48.89
4:12.84	400 Freestyle	3:51.93
8:39.43	800 Freestyle	
	1500 Freestyle	15:25.63
29.75	50 Backstroke	26.26
1:02.16	100 Backstroke	55.77
2:13.17	200 Backstroke	2:00.85
32.38	50 Breaststroke	28.81
1:10.19	100 Breaststroke	1:02.32
2:31.57	200 Breaststroke	2:15.69

27.36	50 Butterfly	24.08
1:00.15	100 Butterfly	53.33
2:12.40	200 Butterfly	2:00.52
2:16.92	200 Individual Medley	2:02.27
4:47.92	400 Individual Medley	4:21.65

Final Selection Condition a maximum of three swimmers can be selected for individual events.

Relay Selection Standards

FEMALE	EVENT	MALE
4:06.31	4 x 100 Medley	3:39.69
3:47.46	4 x 100 Freestyle	3:23.31
8:13.53	4 x 200 Freestyle	7:23.03

Relay Teams will be selected provided the swimmers collectively achieve the Relay Selection Standards from times at any of the identified meets between 26th July 2009 and 1st August 2010.

Medley Relay Selections

The fastest ranked swimmers from the above schedule of meets in the 100 Backstroke, 100 Breaststroke, 100 Butterfly, 100 Freestyle will be considered for the Medley Relay. Additionally swimmers will be selected provided that the collective time is still achieved when one swimmer is directly replaced by the 2nd fastest swimmer in the 100 metre event for that given stroke.

Freestyle Relay

The fastest 4 ranked swimmers from the above schedule of meets in the 100 and 200 freestyle events will be considered for the Freestyle Relay.

The 5th ranked freestyle swimmer will be selected to compete in that relay provided that the times of the slowest 4 swimmers is equal to or better than the relay selection Standard.

The collective times will be reduced by 1.5 seconds to reflect the relay takeovers.

The final make up of all relays at the Commonwealth Games will be decided by the Head Coach of the Team.

The Head Coach may call for swim offs prior to the relay events.

Specific Conditions

Only the above identified meets will be considered for selection.

Only swimmers eligible and available to represent Wales at the Commonwealth Games will be considered for selection.

No relay splits including lead off legs will be considered for selection.

Time trials will not be considered for selection.

Only 3 swimmers per event can be selected.

Selected Swimmers may be entered in additional events if approved by the National Performance Director.

Swimmers becoming ill or injured at any time between the selection opportunities must notify Welsh Swimming immediately and will be required to undertake a full medical examination which may result in the swimmer being withdrawn from the team.

All Team Members may be subjected to fitness (land/water) and or medical tests at any time between selection meets and the 2010 Commonwealth Games.

All Team Members will be required to sign and comply with both the Commonwealth Games Federation and Welsh Swimming Code of Conduct.

All Team Members will be expected to attend programmed training camps. Any individual exceptions must be agreed by the Head Coach and the swimmers home coach.

Staff Selections

The Team Manager and Swim Wales National Performance Director have already been appointed to the Team Staff.

An additional coach will be selected based on the following

Highest Ranked Swimmer using their selection times to be placed in the Commonwealth Rankings Long Course at the end of 2009 (3 swimmers per Commonwealth Nation).

Coaches must have been resident within the UK for a minimum period of two years prior to the start of the 2010 Commonwealth Games unless employed or deployed by British Swimming or Swim Wales.

A further coach subject to funding and accreditation will be considered for selection based on the following

Having a swimmer selected to the team.

Being resident in Wales for a minimum period of two years prior to the start of the 2010 Commonwealth Games.

Subject to interview by the National Performance Director with a view to balancing the team coaching staff.

Please Note

All selections are subject to approval of the Commonwealth Games Council for Wales.